



The XXI Pan American Junior Karate Championships 2010
August 20 to 22 / Montreal, Canada



TORCHIA
COMMUNICATIONS



Canada

Éducation,
Loisir et Sport
Québec

Montréal

Sport Science Conference

Thursday, August 19th, 2010 from 5:30pm – 7pm
At the Centre Sheraton Montreal Hotel ([map](#))
Room: Salon 4/5

Open to all, this workshop targets all levels of coaches, particularly those in the karate community. All delegations of the Pan American Karate Federation are invited and will be welcomed for free upon presentation of their accreditation.

The presentation will be in English, but the presenter speaks both English and French.

Price

- The cost is \$95 per person
- All holders of a 3 day pass are admitted free of charge.
- All members of delegations are admitted free of charge.

[Click Here to Register!](#)

Presenter

Catherine Duchesne

Catherine Duchesne is an ex-international soccer player who parlayed her time in the NCAA at Virginia Commonwealth University (USA) into a professional career in Europe. She has a Masters degree in rehabilitation counseling and sport psychology, and is currently pursuing her doctoral studies at the University of Montreal in neuropsychology.

A sport psychology consultant, she has worked with all levels of athletes, ranging from the club level to Olympians. Her recent work includes the preparation of athletes for the 2010 Winter Olympics in Vancouver, Canada.